THE **OFFICIAL NEWSLETTER** OF THE ISFL **BRONCOS**

BRONCO POOP

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Special Points

of Interest:

- Broncos start 3-0 for first time since 2001
- Josh Freeman throws another touchdown pass
- Defense holds Steelers to only one touchdown
- Defense surrenders 131 yards on 31 rushes

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Freeman Growing 4 Game by Game

Leads Resurgent

Defense

September 9th, 2011: The Denver Broncos moved to 3-0 on the season by narrowly beating the Steelers, 13-10. the Broncos took over sole possession of first place in the AFC East when the lets were beaten by the Green Bay Packers. The Steelers fell to 1-2 in the AFC Central. All three of the Steeler games have been decided by three points or less.

In the tight defensive struggle that saw both teams almost evenly matched in yards from scrimmage, the difference in the contest came down to the legs of the kickers. The Broncos Mason Crosby (2 of 3 on field goals) outdueled Ryan Lindell of Pittburgh, who missed two of his three field goals. Josh Freeman was the offensive star of the contest and won his third consecutive MVP of the game award, completing 17 of 25 (68%) for 221 yards and one touchdown. He finished with a 108.9 passer rating. For the Steelers, Marshawn Lynch

picked up 70 yards on 17 rushes against the Denver defense, and added another ten yards on one

BRONCOS EDGE STEELERS 13-10

Denver Alone in First Place

The Steelers jumped to an early 7-0 lead on their first possession, marching 57 yards to a one -yard Marshawn Lynch touchdown on third and one. Lynch carried five times on the six play drive, gaining 50 yards. It was Lynch's 36-yard run around end down to the Bronco four that was the big play of the drive. After the Steelers defense held the Broncos to a quick threeand-out, Pittsburgh drove downfield for another score or so they thought. Dixon hit Josh Morgan for 27 yards to start the possession and moved the ball to the Denver 34 yard line, but the Steelers could gain only fifteen yards on six more plays and the Steelers Ryan Lindell missed a short 26-yard field goal that could have given the Steelers a 10-0 lead. That miss, and one other in the second quarter, would prove to

be the difference in the contest. After another Denver three-andout, the Steelers went 40 yards from their own 14 to the Denver 46, but a Dixon pass intended for Mike Sims-Walker fell incomplete and the Steelers had to punt. The Steelers totally dominated the Broncos in the early going, outgaining Denver 141 to 11 in yards and picking up eight first downs to none, but only had a seven point advantage in the second quarter.

The Broncos turned it around, driving 90 yards on their first possession of the second quarter to tie it up at 7-7. The biggest gainer was a Freeman slant pass to tight end Jermichael Finley that the young tight end took for 39 yards, but the biggest play was the challenge of a Ricky Williams fumble after a 20-yard run down to the Steeler threeyard line that was overturned, allowing the Broncos to score on a Freeman to Williams 3-yard

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Rational Exuberance!

dating back to the final two (including playoff games).

2010 playoffs.

have a five-game winning streak, hands of the Packers, and their just-ended streak makes the have won 39 of their last 41. games of the 2010 season. That Broncos streak pale by comparistreak is now the longest active son. Prior to their loss to the winning streak in the ISFL Pack, the lets last lost in week seven of 2009. They did not lose Dallas has the longest active again until yesterday, an incrediregular season winning streak, at ble 33 in a row - their final 12 in seven games, including the first 2009 (including three playoff two this year, but they lost in the games), and all 19 in 2010 The New York Jets active and their first two this year. the Broncos in the standings.

The undefeated Broncos now streak ended with a loss at the They had a six game winning streak before that, so the lets

> The Broncos and lets face off twice, first in week five in New York, and then in week 16 (game 15) in Denver. The Broncos three wins this year have come against teams that each won II or more games last year.

For the first time in a long (including three playoff games), time, the Jets are looking up at

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Edge Steelers (continued from page one)

"Nate's 37yarder in the fourth quarter turned the tight field position game around"

pass connection. The recalled either team came to a turnover.

moved the ball effectively again, another Lindell field goal attempt, possession for Mason Crosby to yards (46.7). this one from 40 yards out, again miss his first field goal of 2011, failed to go thru the uprights.

field goal from 39 yards out. The surrending 195 in the first half. boot gave the Broncos a 10-7 lead at the half.

The problem was primarily feated. young Steeler QB Dennis Dixon,

The Broncos scored another starting in place of an injured Williams fumble was the closest three-pointer on their first drive David Garrard. Dixon was ultraof the second half, but were held sharp in the first half, completing In response, the Steelers scoreless by the Steeler defense 10 of 15 for 119 yards (90.7). But thereafter. They did get close in the second half, he was erratic, marching 54 yards in 11 plays, but enough on one fourth quarter completing just 6 of 17 for 62

And in the fourth quarter, with from 44 yards out. The Steelers the Steelers within three and the After the miss, the Broncos managed a three-pointer on the game on the line, Dixon could got the ball back with just over first play of the fourth quarter to manage to complete only two of three minutes to go in the first cap a fine 60-yard drive, but that eight for 16 yards (39.6). And half at their own 29. Freeman hit was all they could manage as the with the Steelers managing to add Nate Washington down the left Broncos defense clamped down only 20 yards on the ground in sideline for 28 to start the march, and held the Steelers to only III the fourth quarter, the Broncos which concluded with Crosby's yards in the second half after defense rode to the rescue once again, to keep the Broncos unde-



Bronco Report Card

Overall Grade: C+

Bronco Report Card

for 221 and one TD, with no ed. picks.

up exactly 100 yards against the DL: D+ Run defense allowed DBs: B- No picks, Allowed Steelers, averaging 4.5 per rush. 131 yards on the ground, letting Dennis Dixon too much space

QB: A Josh Freeman played 3rd down conversions. Tight DE Ziggy Hood had lone sack. well again, completing 17 of 25 coverage by Steelers contribut- LB: C Witherspoon was again

> OL: C+ Allowed two sacks, tackles, one stuff and two hur-Running backs picked holes weren't open long.

REC: C Two Drops, 2 of 9 on the Steelers chew up the clock. to complete passes.

the star of the unit, with six

Game and Season Notes

minutes of the contest.

first time this year, 131-104, said. with Tashard Choice contribyards (5.6).

arsenal today, catching five sion, ending up just short of tackles.

Marshawn Lynch gashed for 104. Head coach Hank midfield when they failed to the Broncos for 54 yards on Sienzant said Washington convert a fourth his first ten carries (all in the played an exception game ten. Without the Washingfirst ten minutes of the con- today, and said "Nate's 37- ton catch, the Steelers would test. But the Broncos re- yarder in the fourth quarter have been set up inside the grouped and held Lynch to turned the tight field position Bronco 20 and would have just nine more carries for 26 game around," as the Bron- had a chance at a tying field yards over the remaining 50 cos moved from their own goal in the final minute. three yard line to their own The Broncos were out- forty. "That was the play of yards on 8 carries, while Digained on the ground for the the game for us," Sienzant mitri Nance picked up 13

Although the Broncos Broncos. uting ten carries for 38 yards eventually had to punt the to the Steelers cause. Ricky ball back to the Steelers, Steeler defender with 8 tack-Williams was the leading Pittsburgh started the ensu- les, but defensive tackle Kyle ground gainer for the Bron- ing drive at their own 22 Williams had a excellent stat cos with 12 rushes for 67 instead of close to the Bron- line of 7 tackles, one sack, co 40. That was a big swing, one stuff, and one hurry. Nate Washington was the as the Steelers picked up 25 big receiver in the Bronco yards on their final posses- Bronco defenders with 8

Anthony Dixon ran for 20 more on two runs for the

A.J.Hawk was the leading

Dawan Landry led the



Denver starts a season 3-0 for the first time since 2001.

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Injuries And Acquisitions

Injury Report

A Look Ahead

Player Acquisitions

The Broncos suffered no injuries of consequence, and Houston Texas in week eran guard Keydrick Vincould get back both starting four. They downed the cent prior to game three to guard Eric Wood and swing Texans 38-10 in week one help replace the injured Eric offensive lineman Nick in Houston and have won Wood. Vincent played last Cole. Cole is back for cer- two of the last three against year with the Steelers. With tain, Wood will be a game- the Texans. The Broncos only a few days of practice, time decision.

maybe more.

The Broncos host the I-I have a chance to go to 4-0 Vincent got the start and The Steelers lost two for the first time since their played well, allowing no defenders, with defensive 2001 season, when they sacks and making one key tackle Alex Carrington go- started 8-0 before finishing block on a Ricky Williams ing down for nearly half the up at 11-5. The 1-2 Steelers run of nine yards. Vincent season, while cornerback try to right their listing ship also helped the defense as Kevin Dockery will miss at when they travel to New he walked them thru some least the next month and England to face the I-I Pa- of the Steelers blocking triots.

The Broncos added vetschemes.

The Broncos Eric Wood could possibly return to action this week. Back up guard and former starting center Nick Cole (above) will definitely be back for the Texans.

WITHERSPOON LEADS RESURGENT DEFENSE

September 8th, 2011: It at the time. the Broncos did.

28-year-old Will With- surrendered 16). erspoon when they took In his seventh year on the on the Broncos when he over the squad in 2009, and Broncos, Witherspoon's had 14 sacks as an edge have made Witherspoon the ultimate team player, rusher. the cornerstone of their moving from outside line-

contributions to the team.

Because Nnamdi Asotransaction, the deal proba- fumbles, 15 sacks and 41 defense.

team rebuilds its defense erspoon leads the ISFL after his best. around a 30-year-old line- two games with four sacks, backer, but that's just what and he is second on the a role he hasn't played Broncos with 13 tackles. much of since 2007, a pass-Most teams would have Through two games, the rushing force off the edge. dealt the older player for a Broncos rebuilt defense has In the past three years, he's draft pick or two. But the surrendered just 17 points, mostly been utilized in cov-Broncos new coaching staff tied for the second lowest erage, with only one sack liked what they saw in the total allowed (the Jets have over that span. Compare

backer to play inside in first two games, he's already Acquired in March 2005 2010, and then moving back accumulated four sacks as by the previous ownership outside to make room for he's reverted to his old from the Jets as part of a Jonathan Goff in 2011. A fan role. "It's not exactly like package deal where they favorite since arriving in riding a bike," Witherspoon surrendered Nnamdi Aso- 2005, through it all he's relates, "but it's akin to that. mugha and their own first, done a workmanlike job, Some of the [pass-rushing] third and fifth round choic- leading the team in tackles techniques came right back, es, the Broncos quickly re- three times in the past six and some of it I had to alized they didn't get the seasons, with a high of 163 work on. I'm comfortable better end of that deal, but in 2007. He's never finished either way - rushing the the current ownership is lower than third on the passer or dropping into happy with Witherspoon's team in tackles in his six- coverage." plus years on the club.

bly didn't look so lopsided deflections in the prior six

years on the team. And this isn't often that a rebuilding Now 30, Will With- year is shaping up as one of

> 2011 has Witherspoon in that to his first three years

But this year in just the

And the Broncos are A lack-of-all-trades type, more than comfortable with mugha was (and is) listed as he does it all, as reflected Witherspoon as the veteran Nick Asmougah on the by his six picks, nine forced leader of their resurgent

Denver Bronco Fast Fact: The Broncos have now won seven of their last ten games extending back to last season

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Denver Broncos

JOSH FREEMAN GROWING GAME BY GAME

The Broncos young starting quarterback's great play thus far this season has been mostly overlooked in the Broncos great start.

Freeman hasn't had a bad game this year, and with a 3-0 start, is among the league leaders in both passer rating and passing yards. That's quality and quantity.

In week three against the Steelers, Freeman completed 17 of 25 (68%) for 221 yards and one touchdown, with no picks. His 37-yard completion to wide out Nate Washington in the fourth quarter moved the Broncos out from the shadow of their own goal posts, and was deemed the play of the game by his head coach, Hank Sienzant.

Freeman has put up a passer rating of 115.1 this year, good for second in the league as of this writing and has thrown for 785 yards in three games, an average of 262 yards passing per game. Freeman has also rushed 8 times for 65 yards (8.1), excluding the one kneel down he took against the Steelers.

Freeman has not only shown patience in the pocket, he's demonstrated the ability to recognize defenses and put the ball on his receivers with accuracy. He also has shown he's a leader, as the Broncos fell behind the Steelers early, but Freeman patiently led the team back to take the lead before halftime, and made big plays with his strong arm throughout the contest.

Freeman's growth is a continuation of his play as a 21-year old rookie. Although Mark Sanchez got all the accolades and properly won the ISFL Rookie of the Year award in 2010, the Broncos have said all along they were more than happy with Freeman's development. Freeman didn't play as much as Sanchez, but he actually put up a better passer rating than Sanchez last year. Freeman's 81.7 passer rating came on only 235 passes, while Sanchez threw the ball more than twice as often, putting it up 480 times for a 68.1 passer rating.

Thus far this year, Freeman has outplayed Sanchez, but not by much. Sanchez has compiled a 103.7 passer rating through two games as he's led the Chargers to one win and one loss through the Chargers first two games.